



Programme

13th Meeting of the European Salt Action Network (ESAN)
2nd September 2021, online (MS Teams)

13:00 – 16:30 (CEST)

12:50 – 13:00	<i>Participants' log-on</i>
13:00 – 13:10	Welcome and opening remarks
	<i>Michael Beer</i> , Chair of the European Salt Action Network, Switzerland <i>Kremlin Wickramasinghe</i> , a.i. Head of the WHO European Office for the Prevention and Control of Noncommunicable Diseases (NCDs)
13:10 – 14:10	Session 1: Update on salt reduction tools Moderator: <i>Kremlin Wickramasinghe</i>
	Salt intake levels in WHO Europe. <i>Stephen Whiting</i> , WHO European Office for the Prevention and Control of Noncommunicable Diseases (NCDs) Global sodium benchmarks and country adaptation. <i>Chizuru Nishida/Rain Yamamoto</i> , Nutrition and Food Safety Department, WHO Headquarters Reformulation manual. <i>Kremlin Wickramasinghe</i> , WHO European Office for the Prevention and Control of Noncommunicable Diseases (NCDs) Sodium reduction in smaller product groups: soups and sauces. <i>Martijn Noort</i> , Wageningen Food & Biobased Research
14:10-14:20	Short break

14:20-16:20	Session 2: Update on salt reduction activities in countries Moderator: Steffi Schlüchter
	<p>Belgium: Urinary sodium and iodine concentrations among Belgian adults: results from the first national Health Examination Survey. <i>Stefanie Vandevijvere</i></p> <p>Germany: Update on salt reduction programme. <i>Editha Giese</i></p> <p>Hungary: Salt intake study based on 24 hour urine in the Elderly. <i>Eszter Sarkadi-Nagy</i></p> <p>Ireland: Update on salt reduction programme. <i>Clare O'Donovan</i></p> <p>Lithuania: Results from study on sodium and iodine status in Lithuanian population. <i>Marius Miglinas</i></p> <p>Netherlands: Update on salt reduction activities. <i>Eveline Martens</i></p> <p>Slovenia: Update on salt reduction activities. <i>Urska Blaznik</i></p> <p>Switzerland: Monitoring of salt levels in soups and salad dressings. <i>Steffi Schlüchter</i></p>
16:20-16:30	Q&A and Closing remarks
	<p><i>Michael Beer</i>, Chair of the European Salt Action Network, Switzerland</p> <p><i>Kremlin Wickramasinghe</i>, a.i. Head of the WHO European Office for the Prevention and Control of Noncommunicable Diseases (NCDs)</p>