

**11th Meeting of the WHO Action Network on Salt Reduction
in the Population in the European Region (ESAN)
7 - 8 May 2019, Berne, Switzerland**

Tuesday, 7 May 2019

09:00 Registration

09:30 – 10:00 Introductory Session

- *Opening and welcome of the meeting*
 - João Breda, Head of WHO European Office for the Prevention and Control of Noncommunicable Diseases & a.i. Programme Manager Nutrition, Physical Activity and Obesity, WHO Regional Office for Europe

- *Objectives of the ESAN meeting*
 - Michael Beer, Chair of the ESAN, Switzerland

- *Presentation of meeting participants*

**10:00 – 12:30 Session 1: Update on salt reduction strategies within the WHO European Region
(including coffee/tea break)**

Chair: Liliane Bruggmann, Switzerland

- Country updates (short presentations of 10 min)
 - Switzerland, Arnaud Chiolero, Bern University and Lausanne University, Estimation of salt intake and excretion in children in one region of Switzerland
 - Germany, Anke Weissenborn, Voluntary commitments to salt reduction within the German national strategy on reduction and innovation with regard to sugar, fat and salt in processed foods
 - Hungary, Eszter Sarkadi Nagy, Voluntary and legal measures towards salt reduction in Hungary and the results
 - Ireland, Clare O'Donovan, Update from Ireland
 - Norway, Henriette Øien, The Salt partnership in Norway 2015-18 – status and next steps

12:30 – 13:30 Lunch break

13:30 – 15:30 Session 2: Monitoring food composition and progress against targets

Chair: Michael Beer, Switzerland

- Monitoring of food composition and the national challenges, Judith Benedics, Austria
- Using food sales and nutrition composition data to monitor industry adherence to reformulation policy, Lauren Bandy, University of Oxford, WHO Collaborating Centre
- WHO HQ update on dialogue with the food and beverage association on actions to achieve sodium/salt reduction to meet global nutrition targets, Chizuru Nishida, WHO Headquarters

- Discussion (15 min)

15:30 – 15:45 Coffee/tea break

15:45 – 16:45 Session 3: Sensorial and technological challenges and opportunities

Chair: Francesco Cappuccio, University of Warwick, WHO Collaborating Centre

- Sensory thresholds: When do consumer perceive less salt?, Barbara Guggenbühl, Agroscope
- Technical thresholds: Is food safety at stake?, Walter Bisig, Agroscope

- Discussion (15 min)

16:45 – 17:30 Cheese tasting – sensory test, Barbara Guggenbühl, Agroscope

17:30 Evening program:

Sightseeing and joint dinner



Wednesday, 8 May 2019

- 08:30 – 09:30** **Monitoring salt intake and salt reduction policies: WHO data collection tools**, Kremlin Wickramasinghe, WHO Regional Office for Europe
- 09:30 – 10:00** **Salt reduction at country level: a new toolkit from WHO/Europe**, João Breda, WHO Regional Office for Europe
- 10:00 – 10:15** **Coffee/tea break**
- 10:15 – 11:45** **Session 4: Presentations of NGO - update on their current work at EU level and via members in the countries**
- Chair: João Breda, WHO Regional Office for Europe*
- Swiss Heart Foundation on behalf of the European Heart Network EHN, Peter Ferloni
 - The consumer organisation for French-speaking Switzerland (FRC) on behalf of the European Consumer Organisation BEUC, Barbara Pfenniger
 - World Action on Salt and Health WASH, Mhairi Brown
 - Discussion (15 min)
- 11:45 – 12:00** **Conclusions, next steps, next host country**
- 12:00 – 13:30** **Goodbye lunch**