

Meeting of the WHO Action Network on Salt Reduction in the Population in the European Region (ESAN)

9 - 10 May 2017, Dublin, Ireland

Tuesday, 9th May 2017

09:00 **Registration**

09:30 – 10:00 **Introductory Session**

- *Opening and welcome of the meeting*
 - Marcella Corcoran Kennedy TD, Minister of State for Health Promotion, Ireland
 - Pamela Byrne, Chief Executive, Food Safety Authority of Ireland
 - João Breda, Head of WHO European Office for the Prevention and Control of Noncommunicable Diseases & a.i. Programme Manager Nutrition, Physical Activity and Obesity, WHO Regional Office for Europe

- *Objectives of the ESAN meeting*
 - Michael Beer, Chair of the ESAN, Switzerland

- *Presentation of meeting participants*

- Overview of main findings relating to salt from the Global Nutrition Policy Review – focus on European countries, Jo Jewell, WHO Regional Office for Europe (15 mins)

10:00 – 12:30 **Session 1: Update on salt reduction strategies within the WHO European Region
(including coffee/tea break of 30 minutes)**

Chair: Michael Beer, Switzerland

- WHO/Europe modeling study on required reductions to reach the WHO target, Jacqui Webster, George Institute for Global Health, Australia (30 min)

- Developments from France relating to front of pack labelling – focus on relevance for salt, Michel Chauliac, General Directorate of Health; Ministry of social affairs and health, France (15 min)

- Countries – updates (short presentations of 5-10 min)
 - **Ireland, Karl McDonald**, Food Science & Standards Division, Food Safety Authority of Ireland
 - **Greece, Georgios Marakis**, Nutrition Policy & Research Directorate, Hellenic Food Authority
 - **Norway, Henriette Øien**, Department on Nutrition and Preventive Health at the Norwegian Directorate of Health
 - **Portugal, Mariana Coelho**, Food and Nutrition Department National Institute of Health Dr Ricardo Jorge
 - **Slovenia, Cirila Hlastan Ribič**, National Institute of Public Health

12:30 – 14:00 **Lunch Break**

14:00 – 15:15 Session 2: Estimating salt intake with dietary assessment methods

Chair: Liliane Bruggmann, Switzerland

- Measuring the effectiveness of salt intake intervention: Can a sodium and potassium specific Food Record Checklist complement or replace 24-hour and spot-urine collections? Sigrid Beer-Borst, Institute of Social and Preventive Medicine, University of Bern, Switzerland (30 min)
- The SINU questionnaire on awareness and behavior concerning salt intake, Pasquale Strazzullo, Dept. of Clinical Medicine & Surgery, Federico II University of Naples Medical School, Italy (30 min)
- Discussion (15 min)

15:15 – 16:00 Coffee/tea break

16:00 – 17:00 Session 3: Exploring impact: what are some of the changes we can measure?

Chair: Joao Breda, WHO Europe

- Salt reductions in some foods and no changes in daily salt intake in the Netherlands, Elisabeth HM Temme, Centre for Nutrition, Prevention and Health Services, National Institute for Public Health and the Environment (RIVM), The Netherlands (20 min)
- RICHFIELDS – Designing a world-class infrastructure to facilitate research, Monique Raats, University of Surrey, UK (20 min)
- Reformulation and product evolution - real life impact of food industry initiatives, Kevin McPartlan, Food Drink Ireland (20 min)

19:00 Joint Dinner

Wednesday, 10th May 2016

08:45 – 11:45 Session 4: Workshop

Chair: Wayne Anderson, Food Science and Standards, Ireland

- Introduction by WHO: The continuing need for innovation in salt reduction strategies to ensure achievement of the Global Salt Target, Joao Breda, WHO Europe (15 min)
- Workshop/discussion to share country experience and brainstorm (75 min)
 - **Group 1:** Regulation of salt reduction – Use and significance? How to regulate?
 - **Group 2:** Intermediate goals to reach 5g/d – Use and significance? Which goals?
 - **Group 3:** Monitoring (composition of food, evaluation of targets) – Use and significance? What methods?
- **Coffee/tea break (30 min)**
- Presentations of workshop results to all (30 min)
- Discussion (30 min)

11.45 – 12.00 Conclusions, next steps, next host country