



Meeting of the WHO Action Network on Salt Reduction in the Population in the European Region (ESAN)

2 April – 3 April 2014, Bern, Switzerland

Programme

Wednesday, 2 April 2014

08:30 – 09:00 Registration

09:00 – 09:15 Opening and welcome speech

- *Dr Michael Beer, FSVO*
- *Dr João Breda, WHO Regional Office for Europe*

09:15 – 11:45 Session 1: Update on salt reduction strategies within the WHO European Region

Chair: Switzerland, Liliane Bruggmann

- Mapping salt reduction initiatives in the WHO European Region – Summary of the report
Dr João Breda, WHO Regional Office for Europe
- Countries – updates
 - Switzerland – *Liliane Bruggmann*
 - UK – *Ailsa McGinty*
 - Hungary – *Dr Eva Martos*
 - The Netherlands – *Letteke Boot*

Coffee/tea break during the session

11:45 – 12:45 Lunch break

12:45 – 14:15 Session 2: Challenges in public awareness campaigns

Chair: Finland, Sirpa Sarlio-Lähteenkorva

- Finland – *Sirpa Sarlio-Lähteenkorva*
- Portugal: Minorsal.saúde a community based strategy to reduce salt in bread and soup in Portugal – *Prof Pedro Graça*
- Serbia – *Dr Jelena Gudelj Rakić*
- Albania – *Eralda Mariani*

14:15 – 14:45 Coffee/tea break

14:45 – 17:00 Session 3: Research Projects

Chair: WHO, Dr João Breda

Presented Research Projects:

- Introducing MENO SALE PIU' SALUTE
Pasquale Strazzullo, Professor of Medicine, Federico II University of Naples Medical School, Italy



Presented Research Projects:

- Methodological aspects of Health effect projections of Salt Reduction: Outcomes of an international workshop
Dr Joop van Raaij, Senior Scientist in Public Health Nutrition, WHO Collaborating Centre for Nutrition (head), National Institute for Public Health and the Environment, RIVM
- Innovative tool to evaluate salt content in foods
Video presented by Prof Pedro Graça, Directorate of General Health, Lisboa

Discussion about possible joint research projects in the framework of Horizon 2020 and/or joint action EU – *Dr João Breda*

18:30 City Tour “Zytglogge” for interested participants

19:30 Joint dinner at Restaurant Kornhauskeller

Thursday, 3 April 2014

09:00 – 10:30 Session 4: Working groups

Chair: Switzerland, Dr Michael Beer

- Reporting back on WG “Bread”
- Next steps
New working groups (meat, other food categories)

10:30 – 11:00 Coffee/tea break

11:00 – 12:15 Session 5: Salt reduction and iodine intake: coordinated approach needed

Chair: UK, Ailsa McGinty

- Adjustments of the iodine level in Swiss salt, the reasons behind and future monitoring
Dr Maria Andersson, Senior scientist, Laboratory of Human Nutrition, ETH Zurich, Switzerland
- Salt reduction and iodine intake – Experiences from Slovenia
Prof Dr Cirila Hlastan Ribič, National Institute of Public Health, Ljubljana, Slovenia
- Iodine intake in the Netherlands after successful salt reduction in bread
Dr Janneke Verkaik-Kloosterman and colleagues; presented by Dr Joop van Raaij

12:15 – 12:30 Session 6: ESAN Terms of Reference

Chair: Switzerland, Dr Michael Beer

Discussion of draft

12:30 – 13:00 Conclusions, next steps

13:00 – 14:00 Lunch